

Step 6: When to **stop eating and drinking**

Please write down these times.

	Time	Day
STOP solid foods and milk:		
STOP formula and bottles:		
STOP breast milk:		
STOP clear liquids: (water, Gatorade™, apple juice, Pedialyte™)		

Please make sure that your child does not eat or drink after the **stop times.**

- Your child's stomach must be empty for surgery.
- Food or fluid in the stomach during surgery can cause serious health problems.

Watch your child closely after **stop times.**

- Make sure your child cannot reach any foods or fluids.
- Check the bedrooms, play areas, and especially the area around your child's car seat.
- Please do not let anyone eat or drink in front of your child