

EGD

(Esophagogastroduodenoscopy)

Date of procedure: _____

Time to arrive: _____

Do not eat or drink after:

We will call you after 1p.m. the day before the exam, to give you these times.

If you do not hear from us by 4:00 p.m., please call the scheduling coordinators:

682-885-1990

(or)

682-885-_____.

EGD

An EGD is a special exam using a small tube called an endoscope. The endoscope has a light and camera at the very end. The camera lets your doctor see the inside of your food tube, stomach, and the first part of your small intestine called the duodenum.

esophago = esophagus = food tube
gastro = stomach
duodeno = duodenum = small intestine
oscopy = to look with a scope

EGD helps us find ulcers, bleeding, or infections in the esophagus or stomach.

We may take very small tissue samples called biopsies. A pathologist looks at the tissue and can identify certain diseases.

The biopsy is reported to your doctor and your clinic nurse will call you with the results in 7 to 10 business days.

Before EGD

Tell your doctor about all medicines you take. You may need to take routine medicines at different times.

Notify your doctor immediately if you have a fever of 101.5 or greater.

Day of EGD Registration

Cook Children's Medical Center:

Pavilion REGISTRATION area 2

Next go to Special Procedure Waiting Room.

Cook Children's Northeast Hospital:

Surgery Registration

Wait there for your nurse.

Your nurse helps you get ready for the procedure and explains what we will do.

Permit for EGD

Although problems caused by the EGD are rare, certain risks are present.

RISKS include:

- 1. Perforation:** Instrument used for looking inside your body can cause a small hole or tear. Since we are looking inside the food tube, stomach, and intestine, a small hole or tear can happen in these areas.
- 2. General Anesthesia:** The EGD uses general anesthesia. We give you special information about this when you are in the pre-op and post-op areas.
- 3. Aspiration Pneumonia:** This happens if a small amount of stomach fluid enters the lungs. An empty stomach before the procedure decreases the likelihood of this happening.
- 4. Bleeding:** Blood loss from an EGD, even with biopsies, is very small and is only a few drops.

We will answer all your questions about the EGD. Before you sign a **Consent for Procedure** form you need to know:

1. What an EGD is.
2. Possible risks.
3. Why we are doing the EGD.

Waiting room

- Parents stay in the waiting area during the EGD. **One parent must stay in the waiting room during this procedure.**
- An EGD takes about 30 to 45 minutes to complete.

After EGD

- You go to the recovery room and stay on monitors and IV fluids until you wake up.
- While in the recovery room, your doctor reviews the procedure with your family and explains the endoscopy pictures.
- We tell your family will about home care information while you are waking up.

General information

- Parents: Please do not bring other children with you. **They cannot go into the prep room or recovery room.**
- Please call the GI Clinic with any questions or concerns.

GI Clinic 682-885-1990

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EGD (continued)

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I have a copy of these home instructions, know what I need to do, and understand why they are important.

Parent/Legal Guardian's Signature

Date

Healthcare Provider's Signature



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